August themes:

- 1. Paint Big, Paint Small, Paint Anything at all: Choose your own theme for the day. Body painting is allowed.
- 2. Paint Big, Paint Small, Paint Anything at all: Choose your own theme for the day. Body painting is allowed.
- ITP Boot Camp Back to Basics- Practice 50 teardrops: Just show your practice. Try your best.
- 4. 1960s Style: Paint a design inspired by the art, music, fashion, trends etc. popular in the 1960s. Body painting is allowed.
- 5. Yellow: Paint a design featuring shades of yellow. Small amounts of white and black can be used. Be creative.
- 6. Sponsor's Choice- "Peace": paint a design representing your vision of peace. Bonus Prize opportunity available. Be sure to also add your photo to the August 6 Album to be entered for the bonus prize, chosen by our sponsor.
- 7. On the job style- At the Zoo: 5-6 minute design typical of a birthday or festival setting..
- 8. Paint Big, Paint Small, Paint Anything at all: Choose your own theme for the day. Body painting is allowed.
- 9. Paint Big, Paint Small, Paint Anything at all: Choose your own theme for the day. Body painting is allowed.
- 10. ITP Dare- Use your smallest brush: paint any design, in any style, using only your smallest brush for linework. Have fun with it!
- 11. Favorite Movie: Paint a design representing your favorite movie. Be creative. Body painting is allowed.
- 12. Starts with the Letter U: Paint a design featuring something that starts with the letter "U". Be creative.
- 13. Sponsor's Choice- "Love": paint a design representing your vision of love. Bonus Prize opportunity available. Be sure to also add your photo to the August 13 Album to be entered for the bonus prize, chosen by our sponsor.
- 14. On the job style- At the Beach: 5-6 minute design typical of a birthday or festival setting.
- 15. Paint Big, Paint Small, Paint Anything at all: Choose your own theme for the day. Body painting is allowed.
- 16. Paint Big, Paint Small, Paint Anything at all: Choose your own theme for the day. Body painting is allowed.
- 17. Glowing: Paint a design featuring or inspired by something that glows.
- 18. Grumpy Monsters: Paint a design featuring a cute or scary grumpy monster. Be creative.
- 19. Mandala Style: Paint a design featuring or inspired by a Mandala. Body painting is allowed.
- 20. Sponsor's Choice- "Hope": paint a design representing your vision of hope. Bonus Prize opportunity available. Be sure to also add your photo to the August 20 Album to be entered for the bonus prize, chosen by our sponsor.
- 21. On the job style- Kid's Toys: 5-6 minute design typical of a birthday or festival setting.

- 22. Paint Big, Paint Small, Paint Anything at all: Choose your own theme for the day. Body painting is allowed.
- 23. Paint Big, Paint Small, Paint Anything at all: Choose your own theme for the day. Body painting is allowed.
- 24. ITP Dare- Use your Opposite Hand: Paint any design, but only use your non-dominant hand.
- 25. Sesame Street: Paint a design featuring or inspired by the characters of Sesame Street. Be creative.
- 26. National Dog Day: Paint a design featuring or inspired by any breed of dog. Be creative. Body painting is allowed.
- 27. Sponsor's Choice- "Happiness": paint a design representing your vision of happiness. Bonus Prize opportunity available. Be sure to also add your photo to the August 27 Album to be entered for the bonus prize, chosen by our sponsor.
- 28. On the job style- At the Park: 5-6 minute design typical of a birthday or festival setting.
- 29. Paint Big, Paint Small, Paint Anything at all: Choose your own theme for the day. Body painting is allowed.
- 30. Paint Big, Paint Small, Paint Anything at all: Choose your own theme for the day. Body painting is allowed.
- 31. Geometric: Paint a design featuring geometric shapes. Be creative. Body Painting is allowed.

Optional Mini Contests: Info on optional Extra Contests will be posted in the Announcement section of the groups, so look out for those (highlighted with bright yellow) Most contests will have a special album to post your entries. Contest participation is NOT required, but is a chance to win extra prizes. Just relax and have fun with the contest themes. Remember, you lose nothing by entering.

July 31- August 5: "Best Friends." theme Mini Contest, sponsored by Inspiration to Paint

August 7-12: "Summer Masquerade" theme Mini Contest, sponsored by Jacqueline ten Hartog

August 14-19: "Not your average Lion" theme Mini Contest, sponsored by Fuss Nicholas

August 21-26: "Opposite Hand Butterfly" theme Mini Contest, sponsored by Jessie Santiago

August Challenge Information

Check the group "Announcements" section of the group often throughout the month for challenge Info posts, sponsor info, and contest details. The ITP Info Album for the month will be pinned there in the main group.

Photos of your Daily Entry should be posted to the "Discussion" section in the Main Inspiration to Paint group here:

www.facebook.com/groups/Inspirationtopaintbyabby

Questions, extra photos or videos, and other non-challenge related posts should be added in the Inspiration to Paint Family group here: www.facebook.com/groups/InspirationtoPaintFamily/

~New hashtags for the month, check the pink box on the 1st page of the calendar!

~Be sure to read ALL the details on the theme days so you don't miss something 😉

This month is sponsored by Santi and Anna, from JestPaint.com! Visit our sponsor's website at www.JestPaint.com

Please give the JestPaint social media pages some love also!

Facebook: www.facebook.com/JestPaintcom

Instagram: www.Instagram.com/JestPaint

YouTube: www.youtube.com/JestPaint

Pinterest: www.pinterest.com/JestPaint

You are also invited to join the Jest Paint Community group on Facebook: www.facebook.com/groups/JestPaintCommunity

~Thursdays, starting on August 6th, are Sponsor's Choice themes (highlighted with blue) with BONUS PRIZE opportunities. The Info Posts in the ANNOUNCEMENT section of the group will have more details about these special themes chosen by our awesome sponsor. Be sure to add your photos to the ALBUM on Thursdays to be entered for the Bonus Prize! Bonus prize winners will be chosen by our August sponsors, and will get a surprise gift from JestPaint.com!

~~Body Painting is only allowed when specified on the calendar, this includes backs and belly paints! Body Paint models should be 18 years of age or older, please!

~On ANY theme day, please try to keep the subject matter suitable for general audiences. Please remember that we have members of all ages and backgrounds in the group. Also, please try to avoid controversial statements and comments when posting in the group. We ask for a NO POLITICS policy in posts and comments, please. If you have any problems, do not engage with the post, just report the post or comment and/or tell the admin team, and trust that we will deal with it.

~Info on optional Extra Contests will be posted in the groups in the ANNOUNCEMENT section, so look out for those (highlighted with bright yellow) Most contests will have a special album to post your entries. Contest participation is NOT required, but is a chance to win extra prizes. Just relax

and have fun with the contest themes. Remember, you lose nothing by entering.

Any questions about the challenge, ask in the Inspiration to Paint Family group or ask your admin team.

Please remember to be KIND to others and to YOURSELF!!! Putting down your own work also affects others who are inspired by you! No need to apologize for a "bad" design or look for faults…look for the positive things, or lessons you learned instead.

✓

The whole point of the group is to INSPIRE you to practice and paint as often as possible! So if you miss a day (or two, or five....), keep on painting and posting, as often as you are able for the month!

Your hashtags for the month should be included on every daily post. It is helpful to save them to a "note" on your phone or computer, so it's easy to copy and paste them into your post each day.

For this month, the Official hashtags are:

#(Your first name and your August participation number) with NO spaces. For example, mine is #Marie9 Note: Find your participation number in the Facebook message you were sent when you signed up.

#(Your hometown or area and FacePainter) with NO spaces. Example: #ChicagoFacePainter #JestPaint (for our August Sponsor) #August2020Challenge



CHALLENGE GUIDELINES

- Paint and post every day, according to the theme sent on the monthly calendar. No catching up, or painting ahead please. Only NEW creations each day!
- Your entry should be posted to the WALL in the MAIN Inspiration to Paint group, by MIDNIGHT in your timezone, each day.
- Unless specified, designs should be painted on the FACE, if possible. Arms, legs, and practice boards are also allowed, if necessary.
- NOTE- Bellies and backs are considered as "Body Painting" and are only allowed on certain days. Body paint models MUST BE 18 years of age or older.
- Please post only ONE picture as your entry each day! Other views or videos can be added as a comment, or put all pictures into one collage.

If you miss a day (or More) Just Keep Painting!!