


May 2023 Themes			0/31 completed		Sponsored by Marie Sulcoski, your ITP Admin	
✓	Date		Theme of the Day	Explanation	Special Info:	
<input type="checkbox"/>	Monday	May 1, 2023	May Day	Feel free to interpret the theme however you want		
<input type="checkbox"/>	Tuesday	May 2, 2023	Favorite Quote or Saying	Paint a design featuring or inspired by a favorite quote or saying	Body Painting is allowed	
<input type="checkbox"/>	Wednesday	May 3, 2023	Marie's Choice: Starts with M	Paint a design featuring something that starts with the letter M. Be creative	PRIZE ALERT! Be sure to ALSO add your pic to the May 3 album for a chance for a bonus prize!	
<input type="checkbox"/>	Thursday	May 4, 2023	Funko Pop! Characters	Paint a design inspired by any character that has been made into a Funko Pop figurine	Google image search: "Funko pop characters" for inspiration	
<input type="checkbox"/>	Friday	May 5, 2023	Astronaut- On the Job Style	Paint a quick design featuring an astronaut	"On the Job" Style designs should take about 5-6 minutes to paint, typical of an average festival or party design.	
<input type="checkbox"/>	Saturday	May 6, 2023	Paint Anything	Choose your own theme.	Body Painting is allowed	
<input type="checkbox"/>	Sunday	May 7, 2023	Paint Anything	Choose your own theme.	Body Painting is allowed	
<input type="checkbox"/>	Monday	May 8, 2023	Gone Fishing	Paint a design featuring anything you might see while fishing		
<input type="checkbox"/>	Tuesday	May 9, 2023	Pollinators	Paint a design featuring any type of insect or animal that helps to pollinate flowers.		
<input type="checkbox"/>	Wednesday	May 10, 2023	Marie's Choice: Inspired by....(see instructions)	Marie will post an inspiration picture in Featured Posts. Use any part of that picture to inspire the FACE design you create. Should be on a human face or face shaped practice board/head	PRIZE ALERT! Be sure to ALSO add your pic to the May 10 album for a chance for a bonus prize!	
<input type="checkbox"/>	Thursday	May 11, 2023	Mama & Baby Animals	Paint a design featuring any type of mother and baby animal	Body Painting is allowed	
<input type="checkbox"/>	Friday	May 12, 2023	Train- On the Job Style	Paint a quick design featuring a train	"On the Job" Style designs should take about 5-6 minutes to paint, typical of an average festival or party design.	
<input type="checkbox"/>	Saturday	May 13, 2023	Paint Anything	Choose your own theme.	Body Painting is allowed	

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<input type="checkbox"/>	Sunday	May 14, 2023	Paint Anything	Choose your own theme.	Body Painting is allowed
<input type="checkbox"/>	Monday	May 15, 2023	Bumpy	Paint a design featuring anything bumpy	
<input type="checkbox"/>	Tuesday	May 16, 2023	Wildflower Bouquet	Paint a design featuring any type of wildflowers	Be creative
<input type="checkbox"/>	Wednesday	May 17, 2023	Marie's Choice: Reverse Coloring Book (see instructions)	Paint a background of random colors. Try to find a shape or shapes in the background and outline what you see. Show your starting background and the finished design.	PRIZE ALERT! Be sure to ALSO add your pic to the May 17 album for a chance for a bonus prize!
<input type="checkbox"/>	Thursday	May 18, 2023	Characters from Mythology	Paint a design inspired by characters from any pantheon of mythology	Body Painting is allowed
<input type="checkbox"/>	Friday	May 19, 2023	Strawberries- On the Job Style	Paint a quick design featuring strawberries	"On the Job" Style designs should take about 5-6 minutes to paint, typical of an average festival or party design.
<input type="checkbox"/>	Saturday	May 20, 2023	Paint Anything	Choose your own theme.	Body Painting is allowed
<input type="checkbox"/>	Sunday	May 21, 2023	Paint Anything	Choose your own theme.	Body Painting is allowed
<input type="checkbox"/>	Monday	May 22, 2023	In a Bottle	Paint a design featuring something you might find in a bottle	Be creative
<input type="checkbox"/>	Tuesday	May 23, 2023	Sketchy	Paint a design in any theme in a quick drawing or sketch style	
<input type="checkbox"/>	Wednesday	May 24, 2023	Marie's Choice: Inspired by....(see instructions)	Marie will post a new inspiration picture in Featured Posts. Use any part of that picture to inspire the FACE design you create. Should be on a human face or face shaped practice board/head	PRIZE ALERT! Be sure to ALSO add your pic to the May 24 album for a chance for a bonus prize!
<input type="checkbox"/>	Thursday	May 25, 2023	Old School Tattoo Style	Paint a design inspired by the "old school tattoo style"	Body Painting is allowed
<input type="checkbox"/>	Friday	May 26, 2023	Dragonfly- On the Job Style	Paint a quick design featuring a dragonfly	"On the Job" Style designs should take about 5-6 minutes to paint, typical of an average festival or party design.
<input type="checkbox"/>	Saturday	May 27, 2023	Paint Anything	Choose your own theme.	Body Painting is allowed
<input type="checkbox"/>	Sunday	May 28, 2023	Paint Anything	Choose your own theme.	Body Painting is allowed
<input type="checkbox"/>	Monday	May 29, 2023	Awesome Arm Designs	Choose a popular face paint request and create an arm design version of that theme	Examples: Cat, dog, superhero, princess... but on the arm
<input type="checkbox"/>	Tuesday	May 30, 2023	Mixed-Up Mashups	Choose a mashup design from the list that will be posted	Check the FEATURED POSTS for official mashup list! Pick one item from each list section to create your mashup
<input type="checkbox"/>	Wednesday	May 31, 2023	Marie's Choice: Fantasy Self-Portrait	Paint a design featuring YOU as a fantasy creature, or in a fantasy setting	PRIZE ALERT! Be sure to ALSO add your pic to the May 31 album for a chance for a bonus prize!

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Post your Daily Entry to the Main Inspiration to Paint group "Discussion" section by midnight in your time zone.			Find the Main group at: www.facebook.com/groups/inspirationtopaintbyabby		
Each entry should be a SINGLE photo or photo collage, please. Extra photos or videos can be added to the comments or shared in the Inspiration to Paint Family group instead.			For questions, extra conversation, and posts not related to the daily entries, use our "sister" group, Inspiration to Paint Family: www.facebook.com/groups/inspirationtopaintfamily		
Please include the following hashtags on each daily post:			After the month is complete, you will be asked to complete a Google form about your participation, to help determine your prize eligibility, and give the admin team feedback to help improve the challenges.		
#(your FIRST name and May participation number) with no spaces! For example; mine is #Marie1			Check the Group "Featured Posts" section often throughout the month for information posts and challenge related news,		
#(your hometown or area+ facepainter) with NO spaces! Examples are #newjerseyfacepainter or #londonfacepainter			On ANY theme day, please try to keep the subject matter suitable for general audiences. Please remember that we have members of all ages and backgrounds in the group. Also, please try to avoid controversial statements and comments when posting in the group. We ask for a NO POLITICS policy in posts and comments, please. If you have any problems, do not engage with the post, just report the post or comment and/or tell the admin team, and trust that we will deal with it.		
#itpmarie			Interact and support your fellow Artists with reactions and kind comments. No "constructive criticism" please, as text can be easily misinterpreted.		
#InspirationtoPaint			Body painting is only allowed on the days specified on the calendar, this includes backs and bellies. Body paint models should be 18 years of age or older, please.		
#May2023challenge					
You can find your participation number in your monthly information message from Inspiration to Paint.					
These hashtags make it easier for the admin team to find your posts at the end of the month					
			Our May challenge sponsor is me, Marie Sulcoski, your ITP Admin. I'll be sharing posts throughout the month where we can all connect on social media		
			Find me on Instagram- @justplainmarie and @whimsyfirepartyarts		
			Check Featured Posts for info on "Inspired By..." and Mixed-Up Mashups themes		
			PRIZE ALERT- I will be giving away extra prizes for the "Marie's Choice" theme days. Be sure to ALSO add your photo into the album of the day for the chance to win		
			Remember, ANY theme can be painted in an "On the Job" style, even if it is not specified on the calendar. It is YOUR decision to paint what works best for you and your business. It is never required to paint something elaborate or time consuming.		